
First Aid/CPR/AED Instructor Course

Purpose

The purpose of this instructor course is to train instructor candidates to teach the American Red Cross basic-level First Aid, CPR and AED courses.

Prerequisites

To participate in the First Aid/CPR/AED instructor course, instructor candidates must:

- Be at least 16 years of age on the last day of the instructor course.
- Possess current American Red Cross First Aid, CPR and/or AED certification(s) or the equivalent
- Have successfully completed the online Orientation to the First Aid/CPR/AED Instructor Course.
- Have successfully completed the online orientation to the American Red Cross.
- Have successfully completed the online First Aid/CPR/AED Instructor Precourse Test (score 80 percent or better).
- Have obtained all materials needed for both the instructor and participants before entering the first session of the instructor course.

Learning Objectives

At the conclusion of the First Aid/CPR/AED Instructor course, instructor candidates should be thoroughly familiar with the program materials and should be able to:

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Conduct courses in a manner that helps participants to stay engaged in the learning process.
- Perform applicable first aid, CPR and AED skills at an appropriate skill level.
- Ensure participants' health and safety during training.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific class they will be teaching.
- Monitor participants' practice and provide corrective feedback and encouragement that is consistent with the skill chart.
- Recognize that the requirements in the skill assessment tool are criteria for ascertaining the proficiency of a participant's performance.
- Choose the appropriate course and materials to meet the specific training needs of participants or groups.

Length

The online session that provides an overview of the instructor course and the First Aid/CPR/AED program is approximately 1.5 hours.

The classroom session where instructor candidates practice teaching and evaluating skills is approximately 8 hours, 25 minutes.

Instructor

Currently certified First Aid/CPR/AED, Lifeguarding and Emergency Medical Response instructor trainers.

Certification Requirement

To be certified as an instructor, candidates must:

- Successfully complete the prerequisite requirement.
- Attend and actively participate in all course sessions.
- Successfully complete class activities including two practice-teaching assignments.
- Score at least 80 percent (20 correct answers out of 25 questions) on the instructor written exam.
- Complete the online Course Record Administration training in the American Red Cross Learning Center (recommended).

Certificate Issued and Validity Period

- First Aid/CPR/AED Instructor: 2 years

Participant Products/Materials (available in e-book and print formats)

- American Red Cross First Aid/CPR/AED Participant's Manual
- American Red Cross Adult First Aid/CPR/AED Ready Reference Card
- American Red Cross Pediatric First Aid/CPR/AED Ready Reference Card
- American Red Cross First Aid/CPR/AED Instructor's Manual